

Making a Quantum Leap and a True Income Breakthrough

10 THINGS YOU NEED TO KNOW

With Amira Alvarez



What exactly does it mean to make a “quantum leap”?

Do you know the actionable steps you need to take to make your quantum leap a reality? This is not about going incrementally. We’re talking about MASSIVE results here, and this requires taking action on a whole new level than what you’ve been used to.

To move from magical thinking to results, you have to work hard, and you have to take the right actions. But it also requires those inner game shifts.

You can know exactly what to do, yet continually doubt yourself and play small because you lack confidence in yourself and what you offer.

This worksheet will help you understand precisely what you need to do to truly master both your inner AND outer game —so you can start playing big in your business and continue to make quantum leap after quantum leap!

1

WHAT IS A QUANTUM LEAP?

A quantum leap is an abrupt change, sudden increase, or dramatic advance. It's a quick, seemingly impossible, I-have-no-idea-how-it-will-happen type of growth.

And it's not always financial, but it's fun when it is! You can experience a quantum leap in your confidence, in your mindset, in your relationships. You just have to be willing to take risks, and know what actions to take (we'll talk more about that in a bit) to get you to your big, juicy goal.

2

IT'S NOT GOING TO BE EASY

To move from magical thinking to results, you have to put the correct causes into action.

You have to do the work.

And despite how sexy an "income breakthrough" sounds and how enticing it may be to make a "quantum leap", you need to know: it's not going to be easy.

Why? Because it's going to force you to grow.

The easy comes AFTER the growth, after you've held yourself accountable to the plan, done the hard things, and executed.

I'm not here to sugarcoat it for you. It IS going to be challenging. It IS going to be hard. But it's also very possible for you. In order to get there, though, you must first understand the reality of this, as well as the actionable steps that will help you conquer the challenges that will be thrown at you... so you can keep moving forward with your head held high.

3

YOU FIRST NEED TO CHANGE YOUR SELF-PERCEPTION

The way you see yourself is so incredibly important when it comes to your income breakthrough. That's because your self-image affects EVERY aspect of your life.

If you think of yourself as small or someone who can't take the risk or isn't worthy of getting to that next level, you will never make that jump. Never.

It is critically important that you align your self-image with your goals. If you don't, your current self-perception will keep you repeating the same patterns again and again and staying at the same level of success, revenue, love, peace, and freedom.

You have to change your self-perception in order to unlock your true potential – in business and in life.

4

TAKE A CLOSE LOOK AT THE WAY YOU PERCEIVE THE WORLD

While we're on the topic of perception, let's talk about the way you see the world.

If you feel, on some level, that your life is "hard work," or that you need to constantly hustle or stay "in the grind" in order to succeed, then **you just might be addicted to the struggle.**

It might not feel like this on the surface level – heck, you're just staying afloat! – but this attitude holds you back in life. One million percent.

(Note: There's a difference between "hard" which is an addiction to struggle and the "hard" that comes when you face your fears and go for more in pursuit of an Income Breakthrough.)

As soon as you learn to let go of this addiction, your business becomes SO much incredibly easier.

You stop focusing on the things that don't matter, and you make room for growth. You start showing up from a place of increased abundance and energy—in all realms of your life.

Where in your life are you struggling? And how are you playing out this script yourself, consciously or subconsciously?

5

DON'T ASK, DEMAND IT FROM THE UNIVERSE!

It's not enough to just ask. If you don't put a demand on the Universe, nothing will happen! You have to claim your TRUE desire, and then you have to demand it.

Whether it's business revenue, a certain income, a lit-up relationship – whatever it is that YOU truly want in life. This is the big, juicy desire... the thing that keeps you up at night... NOT the next best thing. "Good enough" is your enemy here.

This means you have to raise your standards, and this is an essential part of what's required to make a quantum leap. If you don't raise your standards, you will NEVER grow.

How quickly can you raise your revenue standards?

6

IT REQUIRES MASSIVE ACTION

Making a quantum leap and an Income Breakthrough requires taking action on a whole new level than what you've been used to.

Use the MIC process – if you take **M**assive action, **I**mmEDIATE action, and **C**onsistent action, you will **AMPLIFY** your results.

This is where commitment comes in. This is where discipline comes in. This is where accountability comes in. It's time to step it up and take real action to create your Income Breakthrough.

7

TRUST YOURSELF & ACCESS YOUR POWER OF DISCERNMENT

You must follow your intuition and be open to receiving. You must learn to be okay with the unknown.

If you don't trust yourself or the process, if you fight against "the magic" and natural evolution of your business, you will miss the opportunities for ease, income generation, and growth.

OWN your true desires, big vision, and yourself to execute on them. Trusting this is essential to ultimately moving beyond the struggle, being able to take action with ease, and making that quantum leap in income.

8

YOU HAVE TO BECOME A QUICK DECIDER

If you want to grow quickly, you have to be able and willing to make decisions quickly. This requires understanding that it's **SAFE** to decide and further that it's safe to decide and make a mistake.

You will make mistakes. The faster you do and glean the lessons from them, the faster you will grow. Standing still, in paralysis, afraid to make a wrong step, stops your forward progression. If you want your Income Breakthrough now, you must act quickly.

Further, you have to learn how to make decisions quickly that support your desires. A practice in this allows you to take action quickly when the right opportunities come up.

Remember, if you make a decision and things don't work out exactly how you plan, that's okay. You simply course correct. Learn to be comfortable with all the unknowns that are part of being in business while still taking your next steps and moving forward.

9

NO EXCUSES: TAKING 100% PERSONAL RESPONSIBILITY FOR THE OUTCOMES IN YOUR LIFE

In order to make a quantum leap in income, you must commit to taking 100% personal responsibility for every outcome in your life and your business. Every outcome. Not just the pretty and good ones. ;-)

That means stepping out of the victim mentality and blame game. You have to learn to stop shifting the blame on outside circumstances and other people.

You are always first cause. This is the Law of Cause and Effect. Every action you take, the words you speak, the way you're showing up, how you're BEING in your life, relationships, and business... *all of that creates a ripple effect, putting other things into motion in a very specific way.*

If your business feels hard and overwhelming... you are at cause for that.

Whether that's because you won't implement the systems that automate your business, or you're too stubborn to have team step in and take over roles that are outside your genius zone... It comes back to you. And it all ties back to your self-worth.

This isn't about blame or shame or making yourself wrong. It's not about feeling crappy. It's about taking 100% personal responsibility for the results you're creating (or not creating).

When you take 100% personal responsibility for your experience in your business, you step into the position of being a powerful creator. And when you do that, you set yourself free.

10

YOU HAVE TO WANT IT BADLY ENOUGH

If you want to make a quantum leap and have a true income breakthrough, you have to want it badly enough. Without this, *none* of the above will be possible.

Because if you don't want it badly enough, you won't move through the hard things. You won't be willing to change your self-image. You won't be able to take 100% personal responsibility. You sure as hell won't be able to pick yourself back up when things get tough.

But when you want it badly enough, you're willing to go into the unknown. It allows you to recognize the uncertainty, and *go for it anyway*. And this is the ONLY way you will succeed.

To learn more about the tactical actions and mindset shifts required to scale your business, join us at [The Income Breakthrough Virtual Summit](#) from November 5th to the 7th. Take action right now to quantum leap into the next level in your life and business.

[Click here to learn more.](#)



Meet Amira

Amira Alvarez is the founder and CEO of The Unstoppable Woman, a global coaching company helping entrepreneurs, empire builders, and rising stars in all fields achieve their dreams and goals in record time.

As someone who has made a quantum leap (going from barely making 6-figures to making \$700k in one year, then onto 7-figures) and has lived to tell about it, she knows exactly what tactical strategies and mindset shifts are required to get out of your own way, live life on your own terms, and master the art of achieving any goal you set your mind to.

She uses these strategies to help her high-achieving clients, go for their "i'm-possible" dreams and achieve them in record time, whether that be reaching that million dollar mark, building a business empire, or making an impact in the arts, entertainment, or sports.

Amira is proud to have helped thousands of women (and a goodly number of men too) confidently break free of limitations and be unstoppable in pursuit of a life they are proud to have lived. When she's not helping others, she's continuing to say "yes" to her own growth and stays 100% committed to being unstoppable in her own life and business.

Amira has served individuals in a wide range of industries including real estate, business consulting, the arts, coaching, law, medicine, as well as corporate leaders. She also loves jammin' with female entrepreneurs in her [Be Unstoppable Facebook group](#) - so join her there!