## The Spirit of Wealth masterning AND masterclass

WITH AMIRA ALVAREZ



## The 2024 Download

- 1. Describe what you want 2024 to be like. What are the keynotes? Feelings? The descriptors? Haves?
- 2. Note what noise comes up in your head and heart.
- 3. Use imagination to answer... in order to have what I desire (instead of the noise) I would need to...?
- 4. Continue to cycle through keynotes, noise, imagining the answer.

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